

# Does asymmetry in tongue anatomy affect asymmetry in tongue position for Glossectomy and control subjects?

Maureen Stone\*, Natalie Miller\*, Ghaddy AlSaty\*, Lisa C. Honig\*, Joshua Lubek\*, Jiachen Zhuo+, Jerry L. Prince<sup>^</sup>  
 \*University of Maryland School of Dentistry, +University of Maryland School of Medicine, ^Johns Hopkins University

## INTRODUCTION

The tongue is a soft-tissue, muscular, structure that moves by... As such, it is quite possible to move with left-to-right... Unilateral tongue cancer surgery leaves patients with anatomical asymmetry. In this study we examine anatomical tongue asymmetry and related motion asymmetries in control and glossectomy speakers. Right anatomical asymmetry of the tongue is expected in control and glossectomy patients. Resting asymmetry occurs when the tongue rests in one side of the oral cavity. This may cause asymmetric muscle patterns during speech due to patient adaptation. We expect patients to have greater anatomical and resting asymmetry than controls, which will affect the location of the tongue tip during motion.

## MATERIALS AND METHODOLOGIES

### STUDY AND SPEECH MATERIALS:

10 control and 10 glossectomy patients were studied. Five had small tumors (T1N0M0) and five had larger ones (T2).

The task is the motion of "uh" to "sh" in "a shell." This is a complex tongue deformation the neutral "uh" and the forward motion of the tongue into "sh." The tongue is formed by the tip/blade region, which doesn't really elevate to approximate the lateral edges of the hard palate with a flat upper tongue surface. Posteriorly the tongue forms a groove and the root is pulled forward. One second of motion (26 time frames) is collected because tags fade quickly.

### PROCEDURES and ANALYSES:

Images are collected in 3 orientations (sag, cor, axi). For each subject hold still for 1 - 3 min per orientation. For each orientation, they say 21-40 repetitions of "a shell," averaged to produce a movie of the task. The motion volumes are reconstructed. One for the high-resolution anatomy, and 26 for the tagged motion.

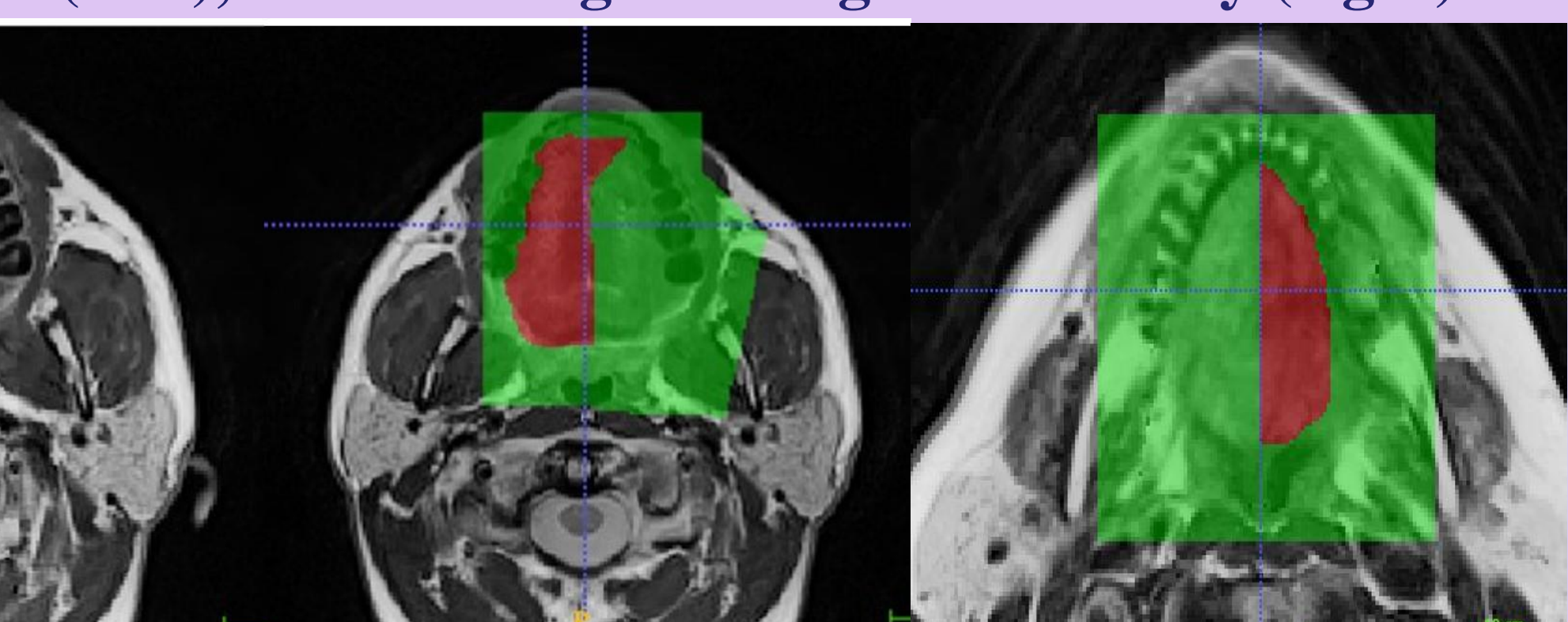
### SEGMENTATION: Left, Right, Middle

A program written in Matlab uses Random Walker to determine the tongue's boundaries.<sup>3</sup> Pixels within the tongue are colored red, outside pixels are green. ITK-snap<sup>4</sup> makes two asymmetry measures.

**Anatomical asymmetry** is determined by manually cutting the tongue into the septum, the left side, and the right side. These parts are measured separately, and the left and right sides are compared for each subject. (see Fig 1 left, middle).

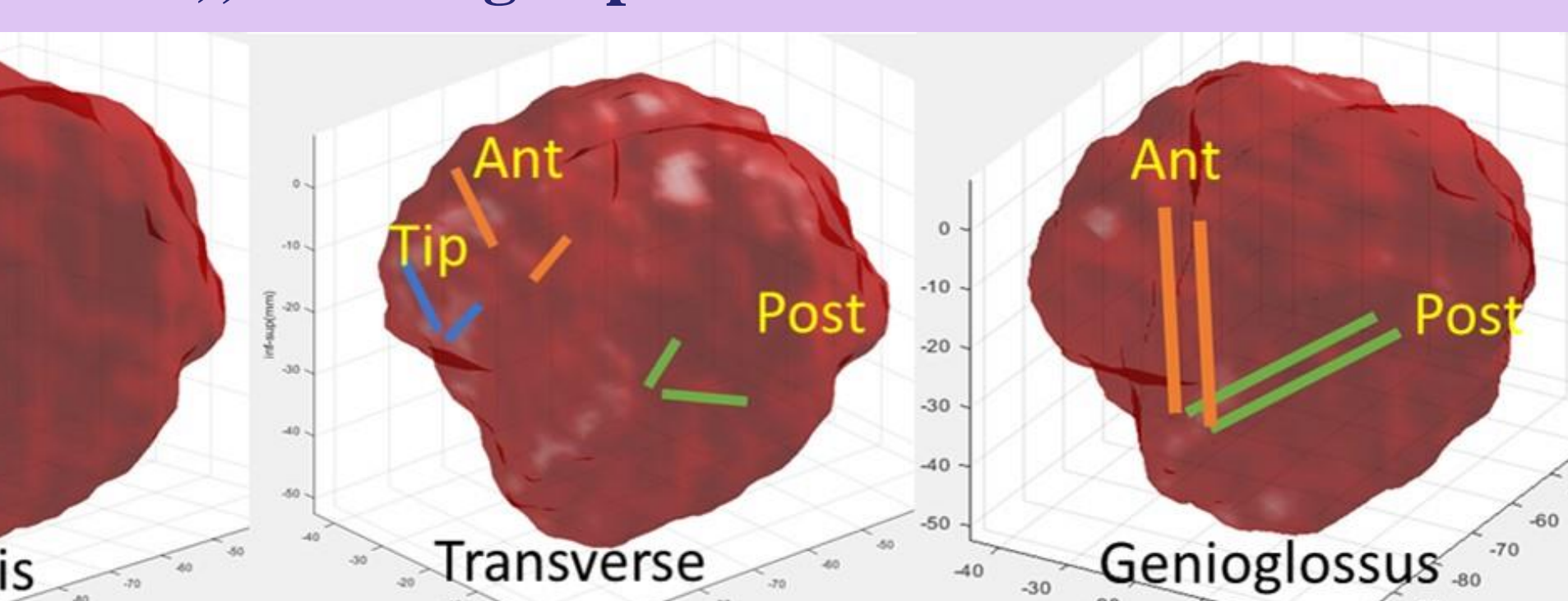
**Resting asymmetry** is measured by cutting a vertical plane from the incisors to the posterior pharyngeal wall (Fig 1, middle). Tongue volume in each half of the oral cavity (OC) is measured respectively of location of the tongue midline.

**Anatomical asymmetry: high resolution MR image (left), sagittal (mid), Percent tongue in Right oral cavity (right).**

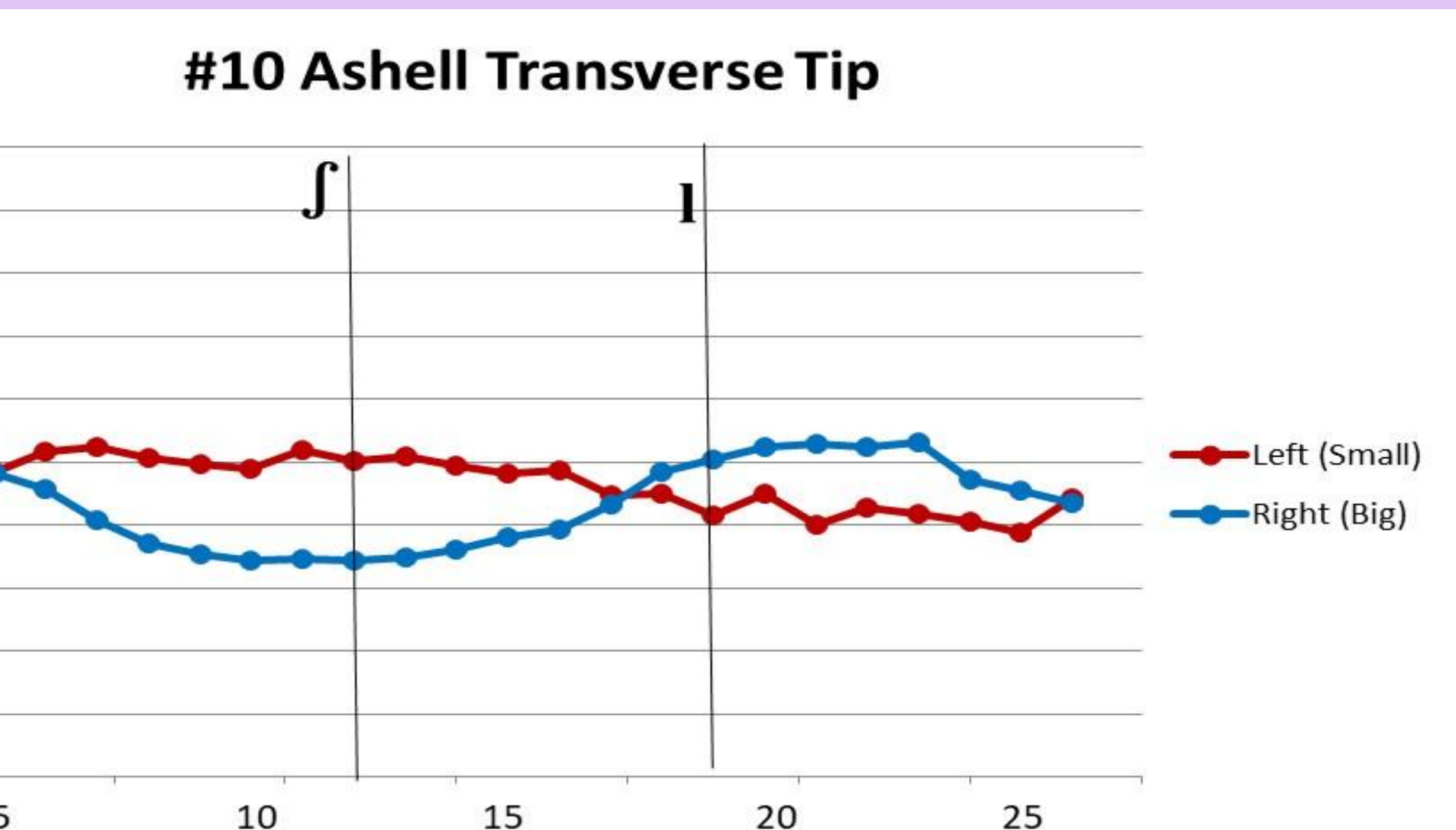


**Muscle shortening asymmetry** is measured by comparing bilateral muscle shortening for Genioglossus (GGa, GGp), Verticalis (V-tip, V-at-GGA), and Transverse (T-tip, T-at-GGa, Tp) (see Figure 2). Shortening is measured for each time frame. (Fig. 3)

**Shortening of muscles extracted in the tongue tip, tongue tip at GGA, and tongue posterior.**



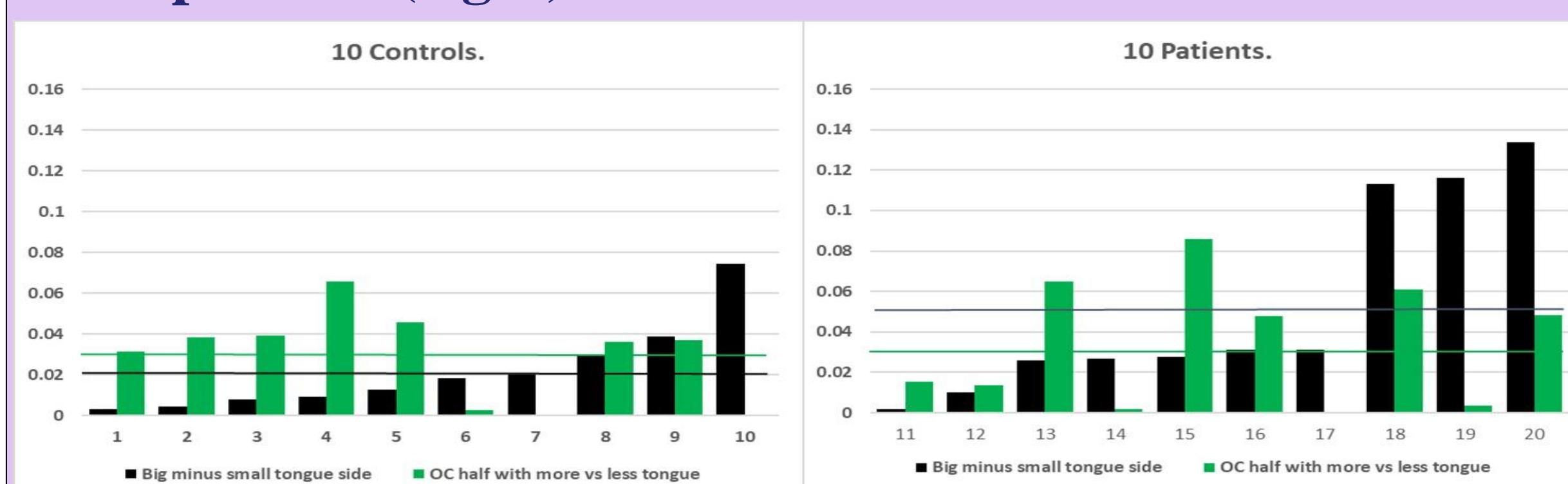
**Shortening of Transverse-tip into the "sh" is greater on the smaller side (blue) of the tongue for subject #10.**



## RESULTS

### 1. ANATOMICAL VS. RESTING ASYMMETRY

**Figure 4. Two graphs show anatomical asymmetry (black) and resting asymmetry (green) for controls (left) and patients (right).**



The black bars are ordered from small-to-large in both groups. The green bars show the resting asymmetry for the same subject. For both groups resting asymmetry is independent of anatomical asymmetry. Patients #18-20 have much more anatomical asymmetry than the others.

The horizontal black and green lines are the averages, and show that for controls (left) anatomical and resting asymmetry are similar (2% vs 3%). For patients (right) anatomical is greater than resting asymmetry (5% vs 3%) due to the glossectomy surgery. The resting asymmetry is not worse, on average, due to surgery.

### 2. MUSCLE SHORTENING ASYMMETRY

**Table 1. Number of subjects who shortened each muscle on each side: smaller vs bigger (controls) or tumor vs non-tumor (patients). Yellow: 6-7 subjs. Orange: 8-10 subjs.**

	CONTROLS		PATIENTS		
	N=10	Smaller	Bigger	N=10	Tumor
TRANS tip	8	9	9	8	8
TRANS at GGA	6	9	9	10	8
VERT tip	7	8	8	4	5
VERT at GGA	7	5	5	3	7
GGA	2	4	4	4	2
GGP	7	7	7	7	7
TRANS post	5	5	5	5	7

### 3. MUSCLE SHORTENING FOR FOUR EXTREME SUBJECTS.

Figure 4 above shows that control #4 and patient #15 had little anatomical asymmetry and large resting asymmetry. Control #10 and Pt #19 were the opposite, with lots of anatomical and little resting asymmetry. Patient #15 had a small (T1) tumor; Patient #19, had a larger, T2 tumor.

**Table 2. Difference in shortening between tumor/non-tumor, or smaller/bigger side. Numbers are percentages.**

Muscle	Control #4	Control #10	Patient #15	Patient #19
TRANS tip	10	11	5	5
TRANS at GGA		5	2	
VERT tip			8	30
VERT at GGA			6	35
GGA				4
GGP	2			
TRANS post			4	5

**More shortening on: Bigger side - red. Smaller side - blue. Neither side >1% - white.**

Salient features of motion asymmetry in Table 2.

- When there was asymmetry, subjects were more likely to shorten the larger side of the tongue to a greater extent (red) than the smaller side (blue). 11 vs 3.
- Patients had more instances of asymmetry than controls (5 each vs 2 each).
- All 4 subjects had asymmetry in Trans-tip.
- The 2 patients were also asymmetrical in Vert-tip and Vert-at-GGA. For patient #10, the shortening differences were quite large (30-35%).

## DISCUSSION

### 1. ANATOMICAL VS. RESTING ASYMMETRY.

Figure 4 shows that resting asymmetry is not correlated with anatomical asymmetry. Resting asymmetries were generally small, 2%. The implication is that speakers tend to distribute their tongue in the oral cavity irrespective of anatomical asymmetry, even if anatomical asymmetry is due to unilateral tissue loss.

### 2. MUSCLE SHORTENING ASYMMETRY.

Table 1 shows that the anterior portion of Transverse (Trans-atGGA) was used by more subjects than any other muscle for motion from "uh" to "sh." This suggests careful attention to the narrowing and elevation of the anterior tongue during protrusion.

Patients also were more likely to use the anterior portions of Verticalis (Vert-tip and Vert-atGGA) indicating interaction of these muscles in forming the tongue shape at the constriction.

GGA was used by the least number of subjects. This muscle can lower the midline, but can create a midline groove, which is not typical for "sh."

GGP however, was quite frequently used as it is crucial to pull the tongue body forward, facilitating the upward motion of the tip. The Genioglossus, along with transverse post, would be unaffected by the tumor. There are no differences between controls and patients. Transverse is an antagonist to GGP, is used by some, presumably to better coordinate motion via co-contraction.

### 3. MUSCLE SHORTENING FOR FOUR EXTREME SUBJECTS.

More asymmetry in patients could indicate more careful control of the tongue. Poorer L-R coordination leading to uneven activation across the tongue.

Control #4 had little anatomical asymmetry between sides, but a resting asymmetry of 6.5% (Fig 4). Only 2 muscles shortened asymmetrically, GGP had a very small difference (2%). The larger side of the OC with more tongue volume. This does not support an effect of resting position on muscle shortening asymmetry.

Control #10 had considerable anatomical asymmetry and no resting asymmetry (Fig 4). This subject also shortened only 2 of 7 muscles asymmetrically, and each was on a different side (Table 2). This does not support any effect of anatomical asymmetry on muscle shortening asymmetry.

Patient #15 had a small anatomical asymmetry after removal of a (T1) tumor (2.8%), and greater resting asymmetry (8.6%). In both measurements the larger volume was on the non-tumor side. This patient shortened 5 of 7 muscles asymmetrically, but the asymmetry was not linked to one side (see Table 2). This suggests that tissue loss may cause asymmetrical muscle usage, but not necessarily predict a side..

Patient 19 had a larger (T2) tumor resulting in an 11.6% volume difference between the tongue sides. The resting asymmetry was almost nonexistent, however (0.3%) (Fig 4). Five of the 7 muscles showed greater shortening on the non-tumor side. Verticalis was especially asymmetrical (30-35% more) (Table 2). This suggests that large tissue loss results in additional muscle usage in the non-tumor side, independent of where the tongue rests when motion.

## CONCLUSIONS

- Anatomical and resting asymmetry of the tongue were independent of each other in 10 control and 10 patient subjects.
- Neither anatomical nor resting asymmetry affected muscle shortening asymmetry in controls, or in patients with small tumors.
- Patients with large tumors may depend more heavily on the non-tumor side.

## REFERENCES

- Stone, M., Shawker, T., Talbot, T., and Rich, A. (1988). "Cross-sectional tongue motion during the production of vowels," J. Acoust. Soc. Amer., 83 (4), 1586-1596.
- Grimm, D, Stone, M, Woo, J, Lee, J, Hwang, J-H, Bedrosian, GE and Prince, JL. (2014) Effects of Palate Features and Glossectomy Surgery on /s/ Production. Journal of Phonetics. Language, Hearing Research. vol 60, pp. 3417-3425.
- Lee, J., Woo, J., Xing, F., Murano, EZ, Stone, M, Prince, JL. (2014) Semi-automatic segmentation for 3D motion analysis of the tongue with dynamic MRI. Computer Imaging and Graphics. NIHMSID: NIHMS618641. PubMed [journal] PMID: 25155697 PMCID: PMC4252506
- Paul A. Yushkevich, Joseph Piven, Heather Cody Hazlett, Rachel Gimpel Snider, James C. Gee, and Guido Gerig. User-guided 3D active contour segmentation of anatomical structures: Significantly improved efficiency and reliability. Neuroimage. 2006; 31(3):1116-28.

## ACKNOWLEDGMENTS

This research was supported by NIH grant R01 CA133015.

Parts of this poster were presented at the online conference of the Acoustical Society of America, Dec 7-11, 2020.